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## SILVER

### ASST. COACH

### ABOUT COACH AMARION ISBELL

I am originally from St Charles IL. I am currently getting my undergrad in Psychology, with a minor in sociology and women and gender studies. I will be undergoing my masters in the fall of 2025 where I will be pursuing sport psychology. I love being with my family, friends and Fiancee. I love reading, watching/playing volleyball and traveling.

### COACHING PHILOSOPHY

My coaching philosophy centers on developing both the physical and mental well-being of my athletes. I believe that success on the court starts with a strong mindset, and I strive to create a supportive environment where players feel confident, resilient, and mentally prepared. By focusing on physical and mental well being we can create a positive environment for athletes to want to grow and learn not only in sports but learning skills for adult life.

### PLAYING EXPERIENCE

- **2012-2020:** Club Fusion and Sports Performance
- **2020-2022:** UW-Platteville Womens Team

### COACHING HISTORY

- **2021 to 2022:** Palmyra-Eagle High School
  - JV2 coach
- **2022-2023:** Whitewater High School
  - JV coach
- **2024-Present:** Whitefish Bay High School
  - Head Varsity Coach
- This is my first year at Milwaukee Sting Volleyball Club

