



## **ABOUT COACH AMY SPIES**

I am married with four children, Cassidy (22- plays volleyball at Edgewood College), Andi (18- plays volleyball at Middle Tennessee State University), Maci (12), and Finley (10). I work for Jefferson County Human Services. In my free time, I love hanging out with my family and friends, playing volleyball, and I am a huge Milwaukee Brewer fan!

## **COACHING PHLOSOPHY**

To instill a love for volleyball in a positive and supportive environment. To help athletes embrace challenges, learn from mistakes, and understand they are a natural part of learning. I believe in having open, honest communication with the athletes to help foster a trusting relationship.

## **COACHING HISTORY**

- 2004-2007: Varsity Assistant Watertown High School
- 2007-2012: Varsity Head Coach Fort Atkinson High School
- 2012-2022: Capital Volleyball Academy
- 2023: 608 Juniors
- 1st year with Milwaukee Sting Volleyball Club

