



## **ABOUT COACH AMARION ISBELL**

I am originally from St Charles IL. I am currenlty getting my undergrad in Psychology, with a minor in sociology and women and gender studies. I will be undergoing my masters in the fall of 2025 where I will be pursing sport psychology. I love being with my family, friends and Fiancee. I love reading, watching/playing volleyball and traveling.

## COACHING PHILOSOPHY

My coaching philosophy centers on developing both the physical and mental wellbeing of my athletes. I believe that success on the court starts with a strong mindset, and I strive to create a supportive environment where players feel confident, resilient, and mentally prepared. By focusing on physical and mental well being we can create a positive environment for athletes to want to grow and learn not only in sports but learning skills for adult life.

## PLAYING EXPERIENCE

- 2012-2020: Club Fusion and Sports Performance
- 2020-2022: UW-Platteville Womens Team

## COACHING HISTORY

- 2021 to 2022: Palmyra-Eagle High School • JV2 coach
- 2022-2023: Whitewater High School • JV coach
- 2024-Present: Whitefish Bay High School • Head Varsity Coach
- This is my first year at Milwaukee Sting Volleyball Club

