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HEAD COACH

FUN FACTS ABOUT ED FRIED

I retired from my job as Chief Financial Officer of Ewald Automotive Group after 23 years in May 2024. I am still playing volleyball at the Senior Masters level with my teammates that I have played with for over 35 years. We recently placed first in the 2024 Wisconsin Senior Games for the over 60 age group. Volleyball is a great sport where you can meet wonderful people and play for your entire adult life if that is what you want to do!

COACHING HISTORY

- 11th Year Coaching at Milwaukee Sting.
- Have coached three Sting teams to top 10 finishes at USA Volleyball/AAU National Championships.
- Started Jr Lancers Boys Volleyball team which was the first boys middle school to participate in what is now the Greater Milwaukee Power League (GMPL)

PLAYING EXPERIENCE

- Played High School Volleyball at Whitefish Bay HS. 4 Year Starter for College Team at Miami University in Oxford, OH. Won 4 MIVA Club Championships while at Miami while being First team all-MIVA twice and second team all-MIVA once in 4 year career.

FAVORITE VOLLEYBALL MOMENTS

- My favorite volleyball moment was winning the Wisconsin State Tournament championship as a sophomore starter on the Whitefish Bay volleyball team.
- My next most favorite moments in my volleyball career were beating University of Michigan, Purdue University (twice) and University of Notre Dame to win MIVA Championships my four years playing for Miami of Ohio.
- My most satisfying moments in volleyball are watching the boys that I have coached in the 13/14 age groups grow up to be fine young men and play varsity volleyball for their high schools using the skills that we had first taught them at the middle school level. Some have moved on to play in college at the D1, D3 and Club volleyball levels. It is a lot of fun seeing these boys grow up with a love for the game of volleyball as well as being very good at playing the game!

