



ABOUT COACH GUNDARS BERZINS

I enjoy spending time with family and friends. I stay involved with my Latvian ethnic background. Away from the sport of volleyball I downhill ski, scuba dive, surf, and enjoy many other outdoor activities. Hobbies include tabletop & computer gaming, music and attending live music.

COACHING PHILOSOPHY

My coaching philosophy is to have a meaningful experience while enhancing their skills and values in life through sports. I aim to provide them with the opportunities for physical, social, and mental development that will help them grow as athletes and as a person. I believe in maintaining an environment where athletes feel comfortable expressing their thoughts and concerns. I also focus on developing sportsmanship, teamwork and a passion for the sport. Rather than just focusing on winning a game, it's about appreciating the training, teamwork, and the improvements made along the way. Challenges aren't setbacks, they're opportunities to learn and grow.

PLAYING EXPERIENCE

- Played club volleyball for 8 years and was an MAVP beach player for 4 years.
- I am still playing this game (mens, coed, indoor, sand) today.

COACHING HISTORY

- I started coaching High school & club since 2007.
- Coached 7 & 8 Grade boys at St. Joseph's in Grafton for 3 years
- 11th season as the Head JV coach at Grafton High School
 - 6 conference titles and 6 second place finishes and 5 conference tournament championships
- 2017-Present: Milwaukee Sting Volleyball Club (9th Season)
 - I've coached 13's through 17's teams.
 - Milwaukee Sting Beach Club (2019-Present)

