

## IZ BLACK HEAD COACH

## **ABOUT COACH JONATHON ESAREY**

I was raised by amazing parents on a large grain and horse farm in central Illinois. I have my BS degree in Animal Science, and my MS degree in Genetics/Biochemistry from the University of Illinois. I enjoy playing golf, skiing, tennis, pickleball and also have a passion for playing the drums and bass guitar. I've been an avid and passionate Packers fan since I was a young boy and love going to Lambeau for games! Go Pack Go! I am very thankful, grateful and fortunate for the opportunity to coach at the Milwaukee Sting VB Club, which since moving back to Wisconsin, has allowed me to meet so many great coaches, players and families that are now my "new family" that means so much to me.

## **COACHING PHILOSOPHY**

I've learned and believe the key to coaching is motivating and helping players to build and play with confidence, and to believe in themselves and their respective abilities. I also created and implement a personal coaching philosophy with every team that I call "The Three F's" which means Fun, Focus and Finish. Players need to have FUN playing volleyball, FOCUS on their skills development, and FINISH to achieve their goals on the court such as winning a specific match or tournament, but also to FINISH off the court, including being a good person, finish your school work to achieve high grades, "give back" to your community and others, be a great teammate, and finally to be a great daughter and always and consistently tell your parents how much you appreciate their support for the opportunity to play volleyball.

## **COACHING HISTORY**

- 2014-2016: Clayton Athletic Center Clayton, MO
  - Head Coach Girls Youth VB Program
- 2016-2018: Liberty Middle School Edwardsville, IL
  - Assistant Coach 7 & 8th Grade Teams
- 2018-2022: High Performance VB Club
  - Head Coach 13 & 14's Regional Girls Teams
  - Assistant Coach 16 & 18's National Girls Teams
- 2023: Hamilton Junior Chargers
  - Head Coach 8th Grade Girls Black Team
- 2024: Kohler High School
  - Head Coach Freshman Girls Volleyball Team
  - Assistant Head Varsity Girls Volleyball Coach
- 2024: Badger Volleyball Camp Coach University of Wisconsin
- 2024: Marquette Volleyball Camp Coach Marquette University
- 2022-Present: Milwaukee Sting Volleyball Club
  - Assistant Coach 16 Gold 2022-2023
  - Head Coach 11 White 2022-2023
  - Assistant Coach 13 Gold 2022-2024
  - Head Coach 12 White 2023-2024

