



**15**  
**GOLD**  
**HEAD COACH**

## ABOUT COACH SKYLAR KUMPHREY

I love coaching, playing, and watching volleyball! I also love Jesus, coffee, and traveling! I was homeschooled, earned my BA in Religious Studies, and am currently pursuing my MA in Leadership at CUW. I work full-time as the Director of Youth Ministry at St. Elizabeth Ann Seton Catholic Church and love incorporating my faith into the game as a player and coach.

## COACHING PHILOSOPHY

I am a positive, encouraging, and energetic coach who always challenges her players to elevate their energy and effort! I focus on helping players develop and improve technically, mentally, emotionally, and spiritually so they reach their fullest potential as players and as people. I strive to help them become more confident and bold on the court. Also, I create a supportive, unified, and competitive team culture while encouraging honest communication to build trust and close relationships. I pour 100% of my heart into my team, and I hope every player feels loved and valued and knows I will have her back on and off the court!

## PLAYING EXPERIENCE

- **High School:**
  - SWCHA Saints - 4-year varsity 6-rotation OH & 2x Captain
  - 2x National Tournament Champions (2017, 2018)
  - National Tournament 3rd place (2019)
  - 2x National All-American 1st Team (2017, 2019)
  - 2x Regional Champions (2017, 2018)
  - 2x Regional All-Tournament Team (2018, 2019)
  - Conference All-Tournament Team (2018)
  - Christian Character Award (2017)
  - MVP Award (2019)
- **Club:** Played club 12s-18s
  - JVA World Challenge and Adidas Bluegrass Champions with Milwaukee Sting (2017)
  - PREP DIG Award (2020)
  - All-tournament team at Prep Dig Resolution tournament (2020)
- **College:**
  - Played for Alverno College Women's Volleyball 2020 and 2021 and then graduated with BA degree 2 years early
  - CUW Women's Volleyball (graduate student currently)

## COACHING HISTORY

- **2019-Current:** Private lesson and camp coach
- **2021:** Co-Head Coach for SWCHA Saints 7th/8th grade team
- **2021, 2024:** Milwaukee Sting Summer Training Coach
- **2022:** Badger Region High Performance Camp
- **2022:** Assistant Coach for New Berlin West Girls Varsity
- **2021-2024:** MVP
  - 12 Blue Head Coach (2021-2022) - Ranked 2nd in WI on AES at end of the season
  - 13 Blue Head Coach (2022-2023)- Ranked 3rd in WI on AES at end of season
  - 14 Blue Head Coach (2023-2024) - Ranked 1st in WI on AES at end of season
- **2023:** Head Coach for SWCHA Saints Girls Varsity

