



**14**  
**GOLD**  
**HEAD COACH**

## **ABOUT COACH SAMANTHA DERYNDA**

I am married with two fur babies, Tig and Jax. I have a Exercise Science/Pre-PT degree with a minor in Psychology. Currently I am working in sales for GE HealthCare.

### **COACHING PHILOSOPHY**

My coaching philosophy focuses on the overall development of an athlete. I believe in challenging the athletes both in practice and game experience to learn how to handle adversity and drive future success through experience. I focus on helping athletes develop mental strength while having fun through the entire process.

### **PLAYING EXPERIENCE**

- **Milwaukee Sting Volleyball Club**
- **2006-2008:** Catholic Memorial High School
- **2009-2012:** Carroll University

### **COACHING HISTORY**

- This will be my 12th year coaching at Milwaukee Sting Volleyball Club.
  - I have coached ages 14 - 18's at levels Gold to White.
- In addition, I have been the head coach at Catholic Memorial for 3 season. Prior to being the varsity head coach at CMH I was the JV coach for two seasons, and varsity assistant coach for 5 seasons.

