



18

BLACK

ASST. COACH

ABOUT COACH LIZ MACHI

I attended DSHA for high school and was on the 2014 state championship team. I completed my undergrad at the University of Dayton where I played for one year and did club the rest. Go Flyers! I love being active and participating in various team sports. When I'm not teaching, I'm coaching volleyball at DSHA & Milwaukee Sting, competing against my twin for the title of favorite auntie to our nephew, spending time with my family while cheering on WI sports teams, reading, traveling to Arizona, or attending concerts with friends.

COACHING PHILOSOPHY

My coaching philosophy for volleyball centers on holistic player development, emphasizing both skill mastery and personal growth. I believe in fostering a positive team environment where communication, mutual respect, and support are paramount. While technical skills and tactical understanding are crucial, creating an enjoyable and motivating atmosphere is equally important to sustain players' passion for the game. I advocate for a strong work ethic and discipline, setting high standards while remaining adaptable to each player's needs. Above all, I strive to instill values of work ethic and integrity, ensuring that players respect the game, their opponents, and themselves, while also supporting their overall well-being and balancing their commitments.

PLAYING EXPERIENCE

- Club with West Allis Lightning
- **2011-2015:** DSHA
- **2015:** University of Dayton (varsity)
- **2016-2019:** Dayton Club

COACHING HISTORY

- **I have been coaching for six years.**
 - I coached 14s for two years at Milwaukee Juniors,
 - Freshman Coach at DSHA
 - Assistant Varsity Coach at Catholic Memorial High School
 - Currently: Head Coach JV1 at DSHA
 - 4 years at Milwaukee Sting
 - Two years on 18 white
 - Two years on 18 black

