

## BEACH VOLLEYBALL | A SPORT RAPIDLY RISING

Outdoor Program Director, Erica Hozeska, takes pride in providing all her training programs with purpose. She sees value in the development and growth of each individual athlete and continues to find ways to grow the sport in the State of Wisconsin.

### 2025 Milwaukee Sting Coed Sand Stars

*Are you ready for some fun in the sand? Then this program is for you!*

Sand Stars are for girls and boys entering into 3rd-6th grade for fall of 2025. This program is designed to introduce and focus on the basics of beach volleyball, and improve and build on the fundamentals. With our athletes we want to ensure a positive, safe and fun environment with a goal of having an open mind for learning, growing, and continuing their love for this beautiful sport.

#### Coed Sand Stars Summer Breakdown

- 7 week season
- 2 - 90 min sessions per week
- Work with our highly trained and highly motivated beach coaches & alumni!
- Coed Girls & Boys
  - o REGISTER BY GRADE GOING INTO FALL 2025 (3rd-6th graders)
  - o Cost: \$200 per athlete | Register Individually
- Tuesdays and Thursdays
- Time | 8:30am-10:00am
- Training program built through our partnership with [Better at Beach](#)
- FriscoMo T-Shirt Included

#### Dates for Coed Sand Stars

June: 06/10, 06/12, 06/17, 06/19, 06/24, 06/26

July: 07/08, 07/10, 07/15, 07/17, 07/22, 07/24, 07/29, 07/31

OFF: Week of June 30 - July 6

Any Weather Cancellations - Please see this [document](#)

- We will use August 5th and August 7th for make up days

Any questions please reach out to Outdoor Program Director: Erica Hozeska  
[erica@milwaukeeesting.com](mailto:erica@milwaukeeesting.com)

