BEACH VOLLEYBALL | A SPORT RAPIDLY RISING

Outdoor Program Director, Erica Hozeska, takes pride in providing all her training programs with purpose. She sees value in the development and growth of each individual athlete and continues to find ways to grow the sport in the State of Wisconsin.

2025 Milwaukee Sting Girls & Boys Beach Club ELITE

This high-level training program is intended for those dedicated, driven, and competitive athletes who plan to play in local or national tournaments and want to push themselves to the next level. Utilizing a fast paced, independent, and creative style of play, athletes in this Elite Program are able to train with a specific partner and collaborate with other players.

Beach Club Elite is fully committed to a structured & small focused training led by Beach Director Erica Hozeska. *Beach Club Elite is an advanced program that involves in depth training and commitment. Experience on the sand, or advanced skill in indoor volleyball, is recommended.*

Beach Club ELITE Summer Breakdown

- 10 WEEK SEASON
- □ 2 120 min sessions per week
- Once a week Better at Beach classroom session 15-20 minutes
- Led specifically by Beach Club Director Erica Hozeska
- Girls and Boys 11s & 12s
 - REGISTER BY GRAD YEARS 2031-2032
 - Cost: \$475 per athlete | Register with a partner (fees are combined at checkout)
 - Mondays and Wednesdays
 - Dates & Times:
 - □ 3:45p-5:00p | 06/02 & 06/04 | on the sand
 - 8:30a-10:30a | remainder of the summer on the sand
 - 10:45a-11:00a | classroom session Mondays starting 06/09
 - OFF June 30-July 6

Girls 13s-18s

- REGISTER BY GRAD YEARS 2025-2030
- Cost: \$475 per athlete | Register with a specific partner (fees are combined at checkout)
- Mondays and Wednesdays
- Dates & Times:
 - 3:45p-5:00p | 06/02 & 06/04 | on the sand
 - □ 12:45p-1:00p | classroom session Mondays starting 06/09
 - □ 1:00p-3:00p | remainder of the summer on the sand
 - OFF June 30-July 6

Boys 13s-18s

- REGISTER BY GRAD YEARS 2025-2030
- Cost: \$475 per athlete | Register with a specific partner (fees are combined at checkout)
- Tuesdays and Thursdays
- Dates & Times:
 - 3:45p-5:00p | 06/03 & 06/05 | on the sand
 - 10:30a-12:30p | remainder of the summer on the sand
 - □ 12:45p-1:00p | classroom session Tuesdays starting 06/10
 - OFF June 30-July 6

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INCLUDED IN BEACH CLUB ELITE REGISTRATION FEES PER ATHLETE

- Training program built through our partnership with <u>Better at Beach</u>
- Access to your own training portal with <u>Better at Beach</u>
- Girls: 1 FriscoMo Jersey and tank top
- Boys: 1 FriscoMo Jersey and shorts
- □ 1 hosted Sandlot tournament registration fee
- □ 1 discounted rate for the Wisconsin Beach Series

Any Weather Cancellations - Please see this document

• We will utilize open court space availability for make up days (Coach Erica will inform)

Questions please reach out to Outdoor Program Director: Erica Hozeska <u>erica@milwaukeesting.com</u>

